

# SPIRULIFE

## COMPLETE SUPERFOOD

**Spirulife** is a nutritional supplement made from blue – green algae, known as Spirulina. Spirulina is gaining reputation as the new super food showing its usefulness in maintaining wellness and treating diseases.

### **Spirulina the elixir of Good Health!**

Spirulina is a great source of vitamins B -1, B-2, B-3, B-6, B-9, Vitamin C, D, and A & E. It also contains potassium, calcium, chromium, copper, iron, Magnesium, manganese, phosphorus, selenium, sodium, and Zinc. Spirulina also contains omega 3, 6 & 9 besides amino acids and protein.



### **Spirulina has some great health boosting qualities:**

- (1) It is a most nutrient dense food on the planet and a complete source of high quality protein, vitamins, micro – nutrients and amino – acids.
- (2) It helps balance blood sugar
- (3) It is powerful anti-oxidant and anti – inflammatory agent.
- (4) It is very helpful for those with allergies
- (5) It is very helpful in removing heavy metals from body and in arsenic poisoning
- (6) It helps in maintaining micro floral balance thereby preventing autoimmune diseases
- (7) It helps cure HIV/AIDS Significantly.
- (8) It prevents cancer by improving immunity.
- (9) It lowers blood pressure and prevents heart disease, diabetes and stork.
- (10) It reduces cholesterol and triglycerides and prevents atherosclerosis which elevates blood cholesterol levels.
- (11) It boots energy level by unlocking sugar from cells.
- (12) It promotes weight loss by contributing to fat burning and curbing hunger
- (13) It alleviates sinus issues known as allergic rhinitis. It is effective at reducing itching, nasal discharge, nasal congestion and sneezing
- (14) It is highly effective in reducing fat accumulation in the liver and helps in preventing liver – cancer.

**BECAUSE OF ITS STATUS AS SUPER -FOOD, NASA HAS PROPOSED THAT IT COULD BE GROWN IN SPACE FOR USE BY ASTRONAUTS.**

**AVAILABLE IN:** Box of 10 sachets of 10ml each.

**POSESES:** 1 Sachet per day either in cup of water or as it is – undiluted

**DISCLAMER:** The brochure is for information only and to stress for daily consumption of spirulina.

### **SPIRULIFE THE DELICIOUS WAY OF GETTING THESE BENEFITS!**

#### **SOURCE:**

1. FAO Fisheries and Aquaculture circular No. 1034
2. KARKOS, P.D. et. al. Evidence Based Complimentary and Alternative medicine.  
Htlp: doi. org / 10. 1093/ e com / nen 058
3. World Health Organization, [http: www. searo. who. int / India / topics / arsenic / en /](http://www.searo.who.int/India/topics/arsenic/en/) accessed 3-08-2018.